



HEMAC HEMATHLON, ATHENS 2018

FRIDAY, JUNE 8

| HOUR          | LECTURES   |  | LOCATION                                    |
|---------------|--|--|---|
| 19:15 - 20:00 | The Striking Similarities of Bronze Age & Medieval Weaponry and Armor<br>Presented by Stefanos Skarmintzos |  | Hellenic Armed Forces Officers' Club (LAED) |
| 20:00 - 20:45 | A Comparison of Tournament Books and Fight Books<br>Presented by Iason - Eleftherios Tzouriadis            |  | Hellenic Armed Forces Officers' Club (LAED) |

SATURDAY, JUNE 9

| HOUR          | TOURNAMENTS  |  | LOCATION              |
|---------------|--|--|-----------------------|
| 09:00 - 09:45 | Registration and Tournament Rules recap for competitors and judges |  | Sports Centre of METS |
| 09:45 - 13:00 | Steel Longsword, All Categories                                    |  | Sports Centre of METS |
| 13:15 - 15:00 | Steel Single Rapier, All Categories                                |  | Sports Centre of METS |
| 15:15 - 17:45 | Synthetic Longsword, All Categories                                |  | Sports Centre of METS |
| 18:15         | AWARD CEREMONY   |  | Sports Centre of METS |

HEMAC HEMATHLON, ATHENS 2018  
SUNDAY, JUNE 10

| HOUR          | WORKSHOPS   | WORKHOPS   | LOCATION                 |
|---------------|---|--|--------------------------|
| 10:00 - 11:30 | Controlling the Blades, or to Fence Safely<br>with the Single Rapier<br>Instructor: Francesco Lodà              | Albrecht Dürer: Messer & Dagger<br><br>Instructor: Jens P. Kleinau   | Sports Centre of<br>METS |
| 11:45 - 13:15 | The Sword and Dagger of Francisco<br>Lorenç de Rada<br>Instructor: Ton Puey                                     | Absetzen, Winden & Mutieren<br>with the Longsword<br>Instructor: Mishaël Abia Lopes Cardozo                          | Sports Centre of<br>METS |
| 13:30 - 15:00 | Armchair Swordfighters – Coaching for HEMA<br><br>Instructor: Michel Rensen                                     | Swashbuckling Obsession - MS I.33<br><br>Instructor: Chrysovalantis Tampakakis                                       | Sports Centre of<br>METS |
| 15:15 - 16:45 | From Movement to Technique: a mathematical<br>approach to Liechtenauer longsword.<br>Instructor: Cor Kronenburg | Introduction to the German Smallsword<br>of Friedrich Wilhelm August Ludwig Roux<br>Instructor: George Zacharopoulos | Sports Centre of<br>METS |

Venue Information

| Venue                                | Address                           |
|--------------------------------------|-----------------------------------|
| Hellenic Armed Forces Officers' Club | Rigillis 1, Athens 106 75         |
| Sports Centre of METS                | Mark. Mousourou 70, Athens 116 36 |