

## Tournaments

HEMAC HEMATHLON 2018 will host tournaments for three (3) HEMA competition types, namely Steel Longsword (Mixed and Women's category), Steel Rapier (Mixed and Women's category) and Synthetic Longsword (Mixed and Women's category). \* The organizer reserves the right to cancel a category if less than 5 competitors are registered.

## Equipment Requirements

### Synthetic Longsword

#### Protective Gear

Head: HEMA mask 350N, HEMA back of the head protector. \*Gorget/throat protector is recommended but not required.

Body: HEMA padded jacket or gambeson or chest protector and groin protector.

Arms: Sparring gloves and elbow protectors with impact shock absorbing foam and plastic protective plates. \*Forearm protectors are recommended but not required.

Legs: Knee protectors with impact shock absorbing foam and plastic protective plates. \*Shin protectors are recommended but not required.

#### Clothing

Clothing or uniforms must cover all body parts. No exposed skin will be permitted.

#### Longsword

Synthetic longswords for this competition will be provided by our sponsor Black Fencer.

\*Synthetic longswords will be provided only for the tournament. If you intend to participate in a workshop that requires a synthetic longsword or you wish to take part in free-sparring, you must bring your own.

### Steel Longsword

#### Protective Gear

Head: HEMA mask 350N or HEMA FIE Mask 1600N (recommended), HEMA back of the head protector and gorget/throat protector.

Body: HEMA padded jacket or gambeson, chest protector and groin protector.

Arms: Forearm and elbow protectors with high impact absorbing foam and plastic protective plates and HEMA heavy sparring gloves with padded protection and plastic, leather or metallic plates (metallic parts must be covered with leather, plastic, cloth or tape to be 'silenced' and make a different sound when hit than the sound of a hit on the blade or the cross-guard).

Legs: Knee and shin protectors with high impact shock absorbing foam and plastic protective plates and padded skirt or padded breeches.

Clothing

Clothing or uniforms must cover all body parts. No exposed skin will be permitted.

Longsword

Longswords must be of 'Feder' type with or without cross-guard rings and schilts with rounded tips. Their overall length must not be greater than 138 cm and their blades must be flexible in their last 1/3 with a folded or large and rounded tip.

## **Steel Rapier**

Protective Gear

Head: HEMA mask 350N or HEMA FIE Mask 1600N (recommended), HEMA back of the head protector and gorget/throat protector.

Body: HEMA padded jacket or gambeson, chest protector and groin protector.

Arms: HEMA light sparring gloves and elbow protectors. \*Forearm protectors are optional.

Legs: Fencing breeches or equivalent and knee protectors. \*Padded skirt, padded breeches and shin protectors are optional.

Clothing

Clothing or uniforms must cover all body parts. No exposed skin will be permitted.

Rapier

The overall length of the rapier must not be greater than 128 cm, with a flexible blade in its last 1/3 and a folded or large rounded tip.